



## **Grocery List**

**Cereal boxed (10-15 oz)**

**Juice, any kind (64 oz)**

**White rice (2 lbs)**

**Potato flakes or stuffing, boxed (6 oz)**

**Canned vegetables (15 oz)**

**Turkey gravy, cans or jars (10.5 oz)**

**Pasta (16oz)**

**Pasta sauce, jars (24oz)**

**Vegetable oil (32 oz)**

**Tuna fish (5 oz)**

**\*Please RETURN filled boxes to  
TLC Wood-Ridge or TLC Valley Chapel  
by no later than **NOVEMBER 17<sup>th</sup>**.**